	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early AM	6:00AM Mat Pilates	6:00AM Studio Circuit Pilates		6:00AM Ref/Mat Pilates			
8:30am						Lyndal ALL Level MIX Class PRACTICE	
9:30am	CRECHE Lyndal ALL LEVEL MIX Class PRACTICE		CRECHE		9:30AM Mat Pilates		
10:30am	CRECHE April LYRA Inter/Pre/ Adv PRACTICE	10:00AM Yoga	10:30AM Studio Circuit Pilates		CRECHE		
11:30am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00pm Pole Studio	#BOOKED # Jess LYRA Pre Adv PRACTICE	April LYRA Adv Lyndal Fitness Circuit PRACTICE	Hayley Chair/Floor Sassy Int 1 Dance Rach Pre 3 Skills	5pm Mix Pre 2&3 Skills Lyndal Beginners Gabby Pre 2 Dance April FloorBaby	4:15pm Kid's Class 5 pm Teen's Class		
Pilates	6:30PM Ref/Mat Pilates			7:00PM Mat & Props Pilates			
7:00pm Pole Studio	Lyndal Pre 1 Skills Dianne Pre 2 Skills Amanda Inter 2 Skills	Jade Adv Skills Jess LYRA Beg / Inter PRACTICE	Hayley Pre 1 dance Rach Inter 2 Dance Liz Pre 3 Dance	Gabby Int 1 Skills April LYRA DANCE PRACTICE			
Pilates	7:30PM Reformer Pilates	8:00PM Reformer Pilates		8:00PM Reformer Pilates			
8:00pm Pole Studio	Lyndal Beginners Dianne Floorwork	Lyndal Stretch PRACTICE					

Term 3: 6th May – 30th June 2024