	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early AM	6:00AM Mat Pilates	6:00AM Studio Circuit Pilates		6:00AM Ref/Mat Pilates	6:00AM Barre Pilates		
8:30am						Lyndal ALL Level MIX Class PRACTICE	
9:30am	CRECHE Lyndal ALL LEVEL MIX Class PRACTICE		CRECHE		9:30AM Mat Pilates		
10:30am	CRECHE April LYRA Inter/Pre/ Adv PRACTICE	10:00AM Yoga	CRECHE 10:30AM Studio Circuit Pilates		CRECHE 10:30AM Reformer Pilates		
11:30am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00pm Pole Studio	#BOOKED # Jess LYRA Pre Adv PRACTICE	April LYRA Adv Lyndal Fitness Circuit Jade Adv Skills	Sassy Floorwork Hayley Inter 2 Dance Rach Pre 2 Skills	5pm Mix Pre 2&3 Skills Lyndal Pre 3 Skills Gabby Int 1 Skills Meshell FloorBaby	4:15pm Kid's Class 5 pm Teen's Class		
Pilates				7:00PM Mat & Props Pilates			
7:00pm Pole Studio	Lyndal Pre 1 Skills Amanda Pre 2 Dance Dianne Int 1 Dance	Lyndal Pre 3 Dance MEL – All level Invert Bootcamp PRACTICE	Rach Pre 1 dance Jess LYRA Beg / Inter PRACTICE	Gabby Beginners April LYRA DANCE PRACTICE			
Pilates	7:30PM Reformer Pilates			8:00PM Reformer Pilates			
8:00pm Pole Studio	Dianne Inter 2 Skills PRACTICE SHOWCASE PRACTICE R3	Lyndal Stretch PRACTICE SHOWCASE PRACTICE R3					

Term 2: 11th March – 5th May 2024